

## Tuesday ICL Club League Night

Every Tuesday during the spring/summer, Apollo club members partake in a inter club league that includes 3 other local teams (Clann Eireann, Orchard Wheeler's, and Island Wheeler's). There is approximately 23 weeks of alternating Road Races and Time Trials, at the end of the year an awards night is hosted and an array of trophies handed out for the successful candidates. Road races are generally 20-30 miles long and Time trials vary from 5 mile, 10 mile (majority) and 25 mile. Depending on the time of the year, events start at either 7pm or 7:30pm. For more information on each race please have a look at the club calendar.