

Apollo Cycling Team

42 HIGH STREET LURGAN www.apolloct.com

Apollo Rockets SUMMER PROGRAM 2015

Location	Date	Activity
*Lurgan Park	Saturday 6th June 2015	**No Rockets session due to Lurgan Show**
**Craigavon Lakes	Wednesday 10th June 2015	Apollo Rockets 6.30pm
****Mary Peters	Wednesday 10th June 2015	Colin Ross Session 3
*Lurgan Park	Saturday 13th June 2015	Apollo Rockets 10am
Club Rooms	Monday 15th June 2015	Apollo Youth Road 6.30pm
**Craigavon Lakes	Wednesday 17th June 2015	Apollo Rockets 6.30pm
*****Queens Sports Pavillion	Saturday 20th June 2015	Glendale Imps Trip 1pm
Club Rooms	Monday 22nd June 2015	Apollo Youth Road 6.30pm
**Craigavon Lakes	Wednesday 24th June 2015	** No Rockets session due to Colin Ross **
****Mary Peters	Wednesday 24th June 2015	Colin Ross Session 4
*Kilbroney Forest Park	Saturday 27th June 2015	Rockets Family Trip 10.30am
Club Rooms	Monday 29th June 2015	Apollo Youth Road 6.30pm
**Craigavon Lakes	Wednesday 1st July 2015	Apollo Rockets 6.30pm
*** Rockets Summer Break ***	*** Rockets Summer Break ***	*** Rockets Summer Break ***
*Lurgan Park	Saturday 18th July 2015	Rockets 1st Birthday Party!!! 10am – 2pm
Club Rooms	Monday 20th July 2015	Apollo Youth Road 6.30pm
**Craigavon Lakes	Wednesday 22nd July 2015	Apollo Rockets 6.30pm
*Lurgan Park	Saturday 25th July 2015	Apollo Rockets 10am
Club Rooms	Monday 27th July 2015	Apollo Youth Road 6.30pm
**Craigavon Lakes	Wednesday 29th July 2015	Apollo Rockets 6.30pm
*Lurgan Park	Saturday 1st August 2015	Apollo Rockets 10am
***Castlewellan Forest Park	Sunday 2nd August 2015	Ulster XC MTB League support races
Club Rooms	Monday 3rd August 2015	Apollo Youth Road 6.30pm
**Craigavon Lakes	Wednesday 5th August 2015	Apollo Rockets 6.30pm
*Lurgan Park	Saturday 8th August 2015	Apollo Rockets 10am
Club Rooms	Monday 10th August 2015	Apollo Youth Road 6.30pm
**Craigavon Lakes	Wednesday 12th August 2015	Apollo Rockets 6.30pm
*Lurgan Park	Saturday 15th August 2015	Apollo Rockets 10am
Club Rooms	Monday 18th August 2015	Apollo Youth Road 6.30pm
**Craigavon Lakes	Wednesday 20th August 2015	Apollo Rockets 6.30pm
*Lurgan Park	Saturday 23rd August 2015	Apollo Rockets 10am
***Colebrook Estate	Sunday 24th August 2015	Ulster XC MTB League support races
Club Rooms	Monday 25th August 2015	Apollo Youth Road 6.30pm
**Craigavon Lakes	Wednesday 27th August 2015	Apollo Rockets 6.30pm
*Lurgan Park	Saturday 30th August 2015	Apollo Rockets 10am

*** Apollo Rockets Saturday Mornings in Lurgan Park, meet at the grassy area beside the bowling pavilion.**

****Wednesday nights at Craigavon Lakes, meet at Tannaghmore Gardens car park.**

*****Ulster XC MTB League. Every race has mountain bike support races for kids age under 6 and up as well as adults. More info on races, locations etc @ www.j15ulsterxc.dromaracc.co.uk/**

****** Only open to those selected to attend the sessions. Contact Dylan Lyness about future sessions.**

******* Inter-club trip to Glendale Imps to join in with their youth session. Meet club rooms 12.15pm to convoy down or make own way down to Queens Sports Pavilion, Upper Malone Rd, Belfast for 1pm.**

******* Fun bike drills followed by a group ride along the family trails and back for games and a picnic. Older youth and adults will likely go for a lap of the Red Trail in the afternoon. Some families also camping at Kilbroney Caravan Park for the weekend, the more the merrier!**